



March 2022



Cappella of Grand Junction (MS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 All Day Mardi Gras 9:30am Coffee Talk, CK 10:00am Music and Motion, Nook 11:00am Mardi Gras Lunch Special, CK 2:00pm Afternoon Social, CK 3:00pm Walking Club/Fitness Center, IND	2 All Day Ash Wednesday 9:30am Coffee Talk, CK 10:00am Catholic Ash Wednesday, HPD 10:15am Sermon with Pastor Dave, HCR 10:30am Music and Movement, CK 1:00pm Lutheran Ash Wednesday, HCR	3 9:30am Coffee Talk, CK 10:30am Bible Study w/Pastor Strong, HCR 1:30pm Memories in the Making, Nook 2:00pm Afternoon Social, CK 2:30pm Afternoon Games, Nook	4 All Day World Day of Prayer 9:30am Coffee Talk, CK 10:00am Walking Club, PLR 2:00pm Bus Ride, BT	5 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 2:00pm Movie Matinee, Nook 2:00pm Social Snack Time, CK
6 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 11:00am Catholic Communion, HCR 2:00pm Social Snack Time, CK 3:00pm Balance for Life, Nook	7 10:00am Group Exercise, Nook 11:00am Homemade Bread, CK 1:00pm Podiatrist, SAL 2:00pm Piano, P-Sun Room 3:30pm Bread Tasting Snack Social, PLR	8 All Day National Women's Day 9:30am Coffee Talk, CK 10:00am Music and Motion, Nook 2:00pm Afternoon Social, CK 3:00pm Walking Club/Fitness Center, IND	9 9:30am Coffee Talk, CK 10:15am Sermon with Pastor Dave, HCR 10:30am Music and Movement, CK 2:00pm Afternoon Social, CK 2:30pm Culinary Corner: Wine Making, HCR 3:00pm Walking Club/Fitness Center, IND	10 9:30am Coffee Talk, CK 10:30am Bible Study w/Pastor Strong, HCR 2:00pm Afternoon Social, CK 2:30pm Afternoon Games, Nook	11 8:00am 1-1 Visits, IND 9:30am Coffee Talk, CK 10:00am Walking Club, PLR 1:30pm Shop Talk: Men's Group, HCR 2:00pm Bus Ride, BT	12 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 2:00pm Movie Matinee, Nook 2:00pm Social Snack Time, CK
13 All Day Daylight Savings: Spring Forward 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 11:00am Catholic Communion, HCR 2:00pm Social Snack Time, CK 3:00pm Balance for Life, Nook	14 8:00am 1-1 Visits, IND 10:00am Group Exercise, Nook 11:00am Homemade Bread, CK 2:45pm Piano, P-Sun Room 3:30pm Bread Tasting Snack Social, PLR	15 9:30am Coffee Talk, CK 10:00am Music and Motion, Nook 10:30am Literary Hour: The Ides of March, Nook 2:00pm Afternoon Social, CK 3:00pm Walking Club/Fitness Center, IND	16 9:30am Coffee Talk, CK 10:15am Sermon with Pastor Dave, HCR 10:30am Music and Movement, CK 2:00pm Afternoon Social, CK 2:30pm Culinary Corner: Pasta Making, HCR 3:00pm Walking Club/Fitness Center, IND	17 9:30am Coffee Talk, CK 10:30am Bible Study w/Pastor Strong, HCR 11:00am St. Patrick's Day Lunch Special, CK	18 9:30am Coffee Talk, CK 10:00am Walking Club, PLR 2:00pm Bus Ride, BT	19 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 2:00pm Movie Matinee, Nook 2:00pm Social Snack Time, CK
20 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 11:00am Catholic Communion, HCR 2:00pm Social Snack Time, CK 3:00pm Balance for Life, Nook	21 8:00am 1-1 Visits, IND 10:00am Group Exercise, Nook 11:00am Homemade Bread, CK 2:45pm Piano, P-Sun Room 3:30pm Bread Tasting Snack Social, PLR	22 9:30am Coffee Talk, CK 10:00am Music and Motion, Nook 2:00pm Afternoon Social, CK 3:00pm Walking Club/Fitness Center, IND	23 9:30am Coffee Talk, CK 10:15am Sermon with Pastor Dave, HCR 10:30am Music and Movement, CK 2:00pm Afternoon Social, CK 2:30pm Culinary Corner: Nutritional Healing, TCR 3:00pm Walking Club/Fitness Center, IND	24 9:30am Coffee Talk, CK 10:30am Bible Study w/Pastor Strong, HCR 2:00pm Afternoon Social, CK 2:30pm Performer: Huey, TCR 2:30pm Afternoon Games, Nook	25 9:30am Coffee Talk, CK 10:00am Walking Club, PLR 2:00pm Bus Ride, BT	26 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 2:00pm Movie Matinee, Nook 2:00pm Social Snack Time, CK
27 9:30am Coffee Talk, CK 10:00am Reminisce: The Good Old Days, CK 11:00am Catholic Communion, HCR 2:00pm Social Snack Time, CK 3:00pm Balance for Life, Nook	28 10:00am Group Exercise, Nook 11:00am Homemade Bread, CK 2:45pm Piano, P-Sun Room 3:30pm Bread Tasting Snack Social, PLR	29 9:30am Coffee Talk, CK 10:00am Music and Motion, Nook 2:00pm Afternoon Social, CK 3:00pm Walking Club/Fitness Center, IND	30 9:30am Coffee Talk, CK 10:15am Sermon with Pastor Dave, HCR 10:30am Music and Movement, CK 2:00pm Afternoon Social, CK 2:30pm Culinary Corner: Nutritional Healing, TCR 3:00pm Walking Club/Fitness Center, IND	31 9:30am Coffee Talk, CK 10:30am Bible Study w/Pastor Strong, HCR 1:30pm Memories in the Making, Nook 2:30pm Afternoon Games, Nook	MEETING PLACES IND - Independent CK - Country Kitchen Nook - The Nook HPD - Hayden Private Dining HCR - Harris Community Room PLR - Patterson Living Room BT - Bus Trip SAL - Salon P-Sun Room - Patterson Sun Room TCR - Trumbo Community Room <i>Community Life Programs are Subject to Change.</i>	

